

Call for application

“Breaking Barriers”: Training to youth of the age of 16-18 in Prishtina

Are you between the age of 16 to 18 years old residing in Prishtina? Do you feel overloaded by the challenges encountered in school, such as exams and social pressure? Do you inquiry guidance and means to surf through these barriers effectively? If yes, we kindly invite you to apply in our innovative youth training program: “Breaking Barriers”.

The entire concept of this initiative derives from an analysis of the literature within the region and five interviews conducted with the youth in Prishtina. This research has indeed helped us identify the main concerns of this age group, including anxiety about their education-related future, stress from exams during the academic program, feeling a lack of support from the community, as well as social anxiety. Furthermore, it has been noted that although the youth in Prishtina are aware of the mental health challenges they may face, they are not sufficiently equipped with knowledge on how to cope with them.

Thus, the main goal of our initiative is to provide instructions and deliver training sessions to youth regarding the effective manners to address these challenges. The youth will hereupon be equipped with **the necessary skills and tools to cope with the daily and bigger barriers they may encounter in their lives.**

“Breaking Barriers”: This training intended to be delivered to the 16-18 years old youth in Prishtina, will be a **two-day training program that will take place in April.** Please note that there is a **limited participation number available** per school.

Application criteria:

- Age: 16-18;
- Residence: Prishtina;
- Ability to communicate effectively in Albanian language.

Link for application: <https://tinyurl.com/Breakingbarri>

Application deadline: 14 April 2024.

Should you have any question or uncertainty, please contact Fisnik Egër at +38345878886.

This training is supported by the Civic Engagement Activity, a five-year initiative implemented by the Kosovar Civil Society Foundation (KCSF) in partnership with the USAID mission in Kosovo.